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| Monday | | Week Commencing: | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Tuesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Wednesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Thursday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Friday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

WEEK 1

CHILDS NAME………………………………………………………………………………

CLASS……………………………………………………………………

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| Monday | | Week Commencing: | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Tuesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Wednesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Thursday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| Friday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

WEEK 2

CHILDS NAME………………………………………………………………………………..

CLASS………………………………………………

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Monday | | Week Commencing: | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Tuesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Wednesday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Thursday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Friday | |  | | | | | | |
| Sandwich filling?  (tick one) | | Type of bread?  (tick one) | | Yoghurt or cheese portion?  (tick one) | | Included | Included | Included |
| Image result for apples bananasFresh Fruit | Image result for salad bowl clipart  Salad Bar | Image result for biscuit clipart  Cake, Biscuit or Flapjack |
| Cheese |  | Bread |  | Yoghurt |  |
| Ham |  | Wrap |  | Cheese |  |
| Tuna |  |  | | | |
| Egg Mayo |  |

WEEK 3

CHILDS NAME…………………………………………………………………………………………………………….

CLASS……………………………………………………