

**CRUDGINGTON SCHOOL Autumn/Winter 2022**

**Monday Tuesday Wednesday Thursday Friday**

Added Plant Power  
 Vegan  
 Wholemeal

<b>Week One</b> <del>W/C 31-10,</del> 21.11.22/2	Option 1	Pizza Swirl with New Potatoes	Chicken Korma with Rice	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Build a Burger Day A choice of Burger (meat, Veggie) with top (burger and Potato Wedges)	Fishfingers with Chips
	Option 2	Tomato Pasta	Vegetable Curry with Rice	Crunchy Top Veg Bake with Roast Potatoes	Seasonal Vegetables	Tomato Pasta Bake
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Pears Baked Beans
	Dessert	Crumble with Custard	Yoghurt & Raisin Cake	Chefs Choice	Seasonal Root Cake	Vanilla Shortbread
13 2	Or a choice of Yoghurt & Fresh Fruit available daily					

<b>Week Two</b> <del>W/C 27-31,</del> 28.11,	Option 1	<b>Mac and Cheese Station</b> A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	Cajun Chicken with Rice	Sausage, Onions and Gravy with Roast Potatoes	Spaghetti Bolognese with Garlic Bread	Fishfingers with Chips
	Option 2	Seasonal Vegetables	Cajun Quorn With Rice	Cauliflower and Broccoli Cheese with Roast Potatoes	Veggie Spaghetti Bolognese	Tomato Pasta Bake
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Pears Baked Beans
	Dessert	Jelly with Mandarins	Chocolate Drizzle Cake	Chefs Choice	Apple & Blackberry Roll with Custard	Oaty Cookie
30 1 2 3	Or a choice of Yoghurt & Fresh Fruit available daily					

<b>Week Three</b> <del>W/C 27-31,</del> 5.12.	Option 1	Cheese and Tomato Pizzo	Sausage Roll with Potato Wedges	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Sticky Chicken Noodles	Fishfingers with Chips
	Option 2	Veggie Chilli with Rice	Veggie Sausage with Potato Wedges	Roast Quorn Fillet	Chinese Vegetable Curry with Rice	Tomato Pasta Bake
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Mushy Pears Baked Beans
	Dessert	Marble Cake	Chocolate Cookie	Chefs Choice	Banana Sponge with Custard	Apple, Cheese and Crackers
16 1 2 3 6 2 2 3	Or a choice of Yoghurt & Fresh Fruit available daily					

**Available Daily:**  
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
- Bread freshly baked on site daily  
- Daily salad selection

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.